| l <b>tem No.</b><br>6          | Classification:<br>Open | Date:<br>23 February 2016   | Meeting Name:<br>Children's Services and<br>Education Scrutiny<br>Committee |  |
|--------------------------------|-------------------------|---|---|--|
| Report title:                  |                         | Children and Young People's Mental Health Strategy<br>and Wellbeing Transformation Plan |   |  |
| Ward(s) or groups<br>affected: |                         | All   |   |  |
| From:                          |                         | Dick Frak, Interim Director of Commissioning  |   |  |

## **BACKGROUND INFORMATION**

- 1. On 3 August 2015, NHS England published Guidance to support the development of Local Transformation plans for Children & Young People's Mental Health and Wellbeing, with an action for local NHS Clinical Commissioning Groups (CCG) to submit Transformation Pans and associated information for assurance.
- 2. Southwark NHS CCG worked in partnership with Southwark Council in preparing the local Transformation Plan with input from South London & Maudsley NHS Mental Health Foundation Trust and other key stakeholders. It took into account the key messages from consultation with young people on mental health and wellbeing carried out in cooperation with Community Action Southwark in September 2014. The final version of the Southwark Transformation Plan was approved by NHS England on 18<sup>th</sup> December 2015.
- 3. The purpose of the Transformation Plan is to bring a strong local focus to bear on improving mental health and wellbeing outcomes for children and young people in Southwark that are evidence-based. It is intended to locate the plan into the wider strategic development of the Southwark Children and Young People's Strategic Framework, so that the transformative work arising from this plan has coherence across Education, Health and Social Care, and works in partnership to support the wellbeing and achievement of children and young people.
- 4. It is increasingly recognised that there is no health without mental health. It is to everyone's benefit, and to the benefit of Southwark families and local communities, to understand what good mental health and emotional wellbeing consists of: how it can be promoted, protected and provide resilience; and how mental ill-health can be prevented and avoided. And in circumstances where mental illness cannot be avoided, how it is best treated and managed, with the young person and family supported onto recovery.
- 5. Our vision is for all Southwark children and young people to have healthy lives and to make a successful transition into adulthood. Education, Health and Children's Social Care will work together to support and empower children and young people to develop skills and use opportunities to become active, valued members of society.

- 6. Approval was provided for the release of additional funding against specific priority areas set by NHS England, following acceptance of the Transformation Plan, including additional investment in Perinatal Mental Health Care and Eating Disorder Services for Children.
- 7. For Southwark additional funding has also been dedicated to ensuring Early Help provision is protected; there is increased capacity to the Southwark Youth Offending Service; and a Home Treatment service is established.
- 8. Feedback from NHS England assurance team was that they were impressed by the level of ambition in the plan.
- 9. An implementation group has now been established for the delivery of the implementation plan.
- 10. Further work on the development of the Joint Mental Health Strategy will continue. This will incorporate further development of the mental health and wellbeing of children and young people. The full Transformation Plan is attached.

## AUDIT TRAIL

| Lead Officer  | Dick Frak, Interim Director of Commissioning |                 |                   |  |  |
|---|--|-----------------|-------------------|--|--|
| Report Author   | Dick Frak, Interim Director of Commissioning |                 |                   |  |  |
| Version   | Final  |                 |                   |  |  |
| Dated   | 18 February 2016                             |                 |                   |  |  |
| Key Decision?   | No   |                 |                   |  |  |
| CONSULTATION WITH OTHER OFFICERS / DIRECTORATES / CABINET |  |                 |                   |  |  |
| MEMBER  |  |                 |                   |  |  |
| Office  | r Title                                      | Comments Sought | Comments Included |  |  |
| Director of Legal Se                                      | ervices                                      | No              | No                |  |  |
| Strategic Director of Finance                             |  | No              | No                |  |  |
| and Corporate Serv  | vices  |                 |                   |  |  |
| List other officers h                                     | ere  |                 |                   |  |  |
| Cabinet Member  |  | No              | No                |  |  |
| Date final report s                                       | 18 February 2016                             |                 |                   |  |  |